### Bachelor of Science in Kinesiology
#### Exercise Science
##### 2015-2016 Degree Plan

<table>
<thead>
<tr>
<th>Students Name: _____________________________</th>
<th>Semester of Entry: _____________________________</th>
<th>Catalog Year: _____________________________</th>
</tr>
</thead>
<tbody>
<tr>
<td>K#: ________________________________________</td>
<td>College of Education &amp; Human Development Date</td>
<td>Signature: _____________________________ Date</td>
</tr>
</tbody>
</table>

### CORE CURRICULUM 42 Cr. Hr.

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Cr. Hr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1301</td>
<td>Rhetoric and Composition</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 1302</td>
<td>Continuation of Rhetoric &amp; Comp</td>
<td>3</td>
</tr>
<tr>
<td>MATH 1314</td>
<td>College Algebra</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 2401</td>
<td>Anatomy &amp; Phys. I</td>
<td>4</td>
</tr>
<tr>
<td>BIOL 2402</td>
<td>Anatomy &amp; Phys. II</td>
<td>4</td>
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<tr>
<td>ENGL 1302</td>
<td>Continuation of Rhetoric &amp; Comp</td>
<td>3</td>
</tr>
<tr>
<td>ENGL 1303</td>
<td>Creative Writing</td>
<td>3</td>
</tr>
<tr>
<td>HIST 1301</td>
<td>American History to 1877</td>
<td>3</td>
</tr>
<tr>
<td>HIST 1302</td>
<td>American History Since 1877</td>
<td>3</td>
</tr>
<tr>
<td>POLS 2301</td>
<td>Govt &amp; Politics of the U.S.</td>
<td>3</td>
</tr>
<tr>
<td>POLS 2302</td>
<td>Govt &amp; Politics of Texas</td>
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<tr>
<td>COMM 1307</td>
<td>or COMS 1311, 1315, 1336, 2374</td>
<td>3</td>
</tr>
<tr>
<td>COMM 2374</td>
<td>or ENGL 2374</td>
<td>3</td>
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<tr>
<td>Component Option Course from Approved List</td>
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<tr>
<td>Required Support Courses 16 Cr. Hr.</td>
<td>Grd Cr.Hr.</td>
<td></td>
</tr>
<tr>
<td>Fitness Activity</td>
<td>1</td>
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<tr>
<td>EDKN 1336</td>
<td>Fitness and Wellness</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 1301</td>
<td>Foundations of Kinesiology</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 1304</td>
<td>Personal/ Community Health</td>
<td>3</td>
</tr>
<tr>
<td>EDHL 2224/2214</td>
<td>First Aid</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 1322</td>
<td>or BIOL 1323 Nutrition</td>
<td>3</td>
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</table>

### Major Courses (Taken at A&M-SA) 49 Cr Hr

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>EDKN 3315</td>
<td>Functional Anatomy</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 3316</td>
<td>Medical Terminology</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 3350</td>
<td>Kinesiology &amp; Sport in Society</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 3445</td>
<td>Meas/Eval in Kinesiology</td>
<td>4</td>
</tr>
<tr>
<td>Elective/Support (Listed below)</td>
<td></td>
<td></td>
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</tbody>
</table>

#### First Semester

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#### Second Semester

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Cr. Hr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>EDKN 3332</td>
<td>Prog Dev/Mgmt of Fitness Industr</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 3426</td>
<td>Basic Phys of Exercise</td>
<td>4</td>
</tr>
<tr>
<td>EDKN 4325</td>
<td>Biomechanics</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 3320</td>
<td>Motor Dev/Motor Learning</td>
<td>3</td>
</tr>
<tr>
<td>Elective/Support (Listed below)</td>
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#### Third Semester

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Cr. Hr.</th>
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</thead>
<tbody>
<tr>
<td>EDKN 4342</td>
<td>Motor Skills Special Populations</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 4324</td>
<td>Exer &amp; Chron Diseas/Disab</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 4401</td>
<td>Exercise Testing &amp; Prescription</td>
<td>4</td>
</tr>
<tr>
<td>EDHL 4344</td>
<td>Healthy Aging</td>
<td>3</td>
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<tr>
<td>Elective/Support (Listed below)</td>
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<td></td>
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</table>

#### Fourth Semester

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Cr. Hr.</th>
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</thead>
<tbody>
<tr>
<td>EDKN 4334</td>
<td>Research Proj in Exerc Science</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 4328</td>
<td>Internship I</td>
<td>3</td>
</tr>
<tr>
<td>EDKN 4417</td>
<td>Advanced Physiology of Exercise</td>
<td>4</td>
</tr>
<tr>
<td>Elective/Support (Listed below)</td>
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</tbody>
</table>

### ELECTIVE COURSES/SUPPORT FIELD with at least 6 advanced credit hours from (3000 to 4000 level courses) 15 Hrs.

<table>
<thead>
<tr>
<th>Course Code</th>
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<th>Cr. Hr.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Elective</td>
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<td>3-4</td>
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<tr>
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<td>Elective</td>
<td></td>
<td>3-4</td>
</tr>
<tr>
<td>Elective</td>
<td></td>
<td>3-4</td>
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</tbody>
</table>

### NOTE:
For state approved programs leading to certification, as the state implements new requirements for certification, changes at the state level become compulsory at the time required with or without notice. It is the student’s responsibility to consult their major academic advisor and catalog for any new updates or changes. Catalog and Degree Plans expire in 5 years.

Revised on 03/11/15 COE-Advisor
# Professional Development Course Suggested Sequence

<table>
<thead>
<tr>
<th>SEMESTER 1</th>
<th>SEMESTER 2</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>EDKN 3315</strong> (Fall/ Spring-evening/ Summer offerings)</td>
<td><strong>EDKN 3332</strong> (Summer/ Fall Offerings)</td>
</tr>
<tr>
<td>Functional Anatomy [Pre-Requisite: BIOL 2401]</td>
<td>Program Dev/Mgt Fit Industries [Pre-Requisite: EDKN 1301]</td>
</tr>
<tr>
<td><strong>EDKN 3316</strong> (Summer/ Fall Offerings)</td>
<td><strong>EDKN 3426</strong> (Fall/ Spring/ Summer offerings)</td>
</tr>
<tr>
<td>Medical Terminology [Pre-Requisite: NONE]</td>
<td>Basic Physiology of Exercise [Pre-Requisite: EDKN 3315]</td>
</tr>
<tr>
<td><strong>EDKN 3350</strong> (Spring/ Summer offerings)</td>
<td><strong>EDKN 4325</strong> (Spring/ Summer offerings)</td>
</tr>
<tr>
<td><strong>EDKN 3445</strong> (Fall/ Spring Offerings)</td>
<td><strong>EDKN 3320</strong> (Fall/ Spring offerings)</td>
</tr>
<tr>
<td><strong>Support Work:</strong></td>
<td><strong>Support Work:</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SEMESTER 3</th>
<th>SEMESTER 4</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>EDKN 4401</strong> (Spring/ Fall Offerings)</td>
<td><strong>EDKN 4334</strong> (Spring/ Summer Offerings)</td>
</tr>
<tr>
<td><strong>EDKN 4342</strong> (Fall/ Summer offerings)</td>
<td><strong>EDKN 4328</strong> (Fall/ Spring/Summer offerings)</td>
</tr>
<tr>
<td>Motor Skills Special Populations [Pre-Requisite: EDKN 3320]</td>
<td>Internship I Need to complete 120 hours/ see advisor for Internship packet during priority registration. [Pre-Requisite: EDKN 4401] Pre-requisite must be met NO co-enrollment allowed.</td>
</tr>
<tr>
<td><strong>EDKN 4324</strong> (Summer/ Spring Offerings)</td>
<td><strong>EDKN 4417</strong> (Fall/ Spring Offerings)</td>
</tr>
<tr>
<td>Exercise &amp; Chronic Disease [Pre-Requisite: EDKN 3426]</td>
<td>Advanced Exercise Physiology [Pre-Requisite: EDKN 3426]</td>
</tr>
<tr>
<td><strong>EDHL 4344</strong> (Summer/ Fall Offerings)</td>
<td><strong>Support Work: Advanced</strong></td>
</tr>
<tr>
<td>Healthy Aging [Pre-Requisite: NONE]</td>
<td><strong>Support Work: Advanced</strong></td>
</tr>
</tbody>
</table>

**MAJOR COURSES** taken at TAMU-SA require a “C” or higher
*All pre-requisites require a “C” or higher
**SUPPORT FIELD** must contain at least 6 advanced hours (3000 to 4000 level)