

2023-2025

**Biennial Review of
Drug and Alcohol Abuse Prevention Programs
(DAAPP)**



**TEXAS A&M UNIVERSITY
SAN ANTONIO**

Contents

Introduction:.....	3
The Biennial Review Team:	3
Statement of AOD Program Goals and Discussion of Goal Achievements:	8
Statement of AOD Program Strengths and Weaknesses:	9
Procedures for Distributing The Drug and Alcohol Abuse Prevention Program (DAAPP) Information:.....	9
Recommendations for Revising AOD Programs:.....	10
APPENDIX A: Drug and Alcohol Abuse Prevention Program 2020-2021	12
APPENDIX B: Annual Notification to Employees 2020	23
APPENDIX C: Alcohol, Drug and Tobacco Free Campus Notification 2022-2023	28
APPENDIX D: Tobacco, Smoke, and Vape Free Campus Signs	29
APPENDIX E: Student Handbook Alcohol and Drug Policies and Procedures	30
APPENDIX F: Know Your Rights Student Notification.....	38
APPENDIX G: 2019-2021 Program Inventory	41
APPENDIX H: Student Counseling Center Alcohol and Drug Data 2023- 2025	43
APPENDIX I: Social Media	44
APPENDEIX J: AOD Social Norms Campaign.....	46
APPENDIX L: Social Norms Tye Dye T-shirts Front	49
APPENDIX K: Elevator Wraps, Esperanza Hall first floor	50
APPENDIX L: Parental Notification for Violation of Alcohol and Drug Policy.....	51
APPENDIX M: Student Counseling Center Alcohol and Drugs in College Postcard	52

Introduction:

Texas A&M – San Antonio is in compliance with the Drug-Free Schools and Campuses Regulations (34 CFR, Part 86) of the Drug Free Schools and Communities Act (DFSCA) and the Higher Education Act (Section 120A). The Texas A&M – San Antonio campus community expects that all members abide by local, state, and federal laws, including the DFSCA, regarding alcohol and other drugs, as well as The Texas A&M University System policy regarding drugs and alcohol.

The Biennial Review Team:

The Jaguar’s Care Committee (formerly the Alcohol and Other Drug Prevention Committee), formed in January 2017, reviews the requirements and goals of the Drug-Free Schools and Campuses Regulations and collects campus information to evaluate the Drug and Alcohol Abuse Prevention Program (DAAPP), to review publications, and to create the Biennial Review every subsequent two years to include recommendations for future actions. Based on the university establishment in 2009, the Biennial Review is conducted in odd-numbered years as compared to even-numbered years suggested in the U.S. Department of Education document entitled Complying with the Drug-Free Schools and Campuses Regulations (EDGAR Part 86).

The mission of The Jaguar’s Care Committee of Texas A&M – San Antonio is to educate and promote awareness of alcohol and drug misuse through innovative programming, education on personal responsibility and risk reducing behaviors, and connection to resources for the campus community. The committee consists of staff and student representatives from across the University campus. This includes the Dean of Students and staff from the Office of Student Rights and Responsibilities, Student Counseling Center, University Police Department, First-Year Experience, Recreational Sports, Student Academic Success, University Housing, and at least one student representative.

The University is an alcohol, drug, smoke, tobacco, and vape free campus. Alcohol and other drug rules are detailed in the Student Handbook and Student Code of Conduct. This information is provided to all incoming students during the mandated New Student Orientation, either online or in-person. Also, a notification of various policies, such as the DAAPP and other resources on campus, are sent to all students at the start of every semester by the Dean of Students. If a violation of the alcohol and other drug rule is found, a parental notification letter may be sent to the parents of the student explaining the university’s alcohol and other drug rules, promoting prevention and education programs, and inviting parents to partner with the University in the prevention of alcohol and other drug use and abuse.

The Drug and Alcohol Abuse Prevention Program (DAAPP) Elements:

What follows is a general outline of prevention efforts currently in place. Additional information on these programs is available in the appendices.

Alcohol Free Programs and Services:

All campus programs for students are alcohol, drug, tobacco, smoke, and vape free and provide opportunities for participants to enjoy healthy entertainment and educational activities in a safe environment. These programs are included in the program inventory in Appendix H, to include advertising and passive education.

Social Norms:

A social norms campaign was created for Texas A&M – San Antonio student population with the slogan Jaguars: Step In. Speak Up. Support. Flyers and banners were created to provide students information on bystander intervention, resources on campus, social norms surrounding alcohol, and how they can report incidents (Appendix J). Elevator wraps were created for the Fall 2019 semester and remained in place until July 2024 on two elevators on the first floor of Esperanza Hall Housing which provide information on resources. These stayed in place for five years (Appendix K).

Online Alcohol and Drug Education Course:

Texas A&M – San Antonio continued the online educational courses implemented in the Summer 2017 for university-wide education on prevention of alcohol use and abuse and sexual assault. In the spring of 2022, the institution transitioned to a new software process for students to complete the Alcohol EDU course. All incoming students under the age of 21 must complete the one-part Alcohol EDU course during their first semester.

All new students are presented with general information regarding Texas A&M – San Antonio’s Alcohol and Drug-Free Campus rule and on the mandatory Alcohol EDU course during their New Student Orientation through written information. Additional means of communication about the course, and other programs, were included in educational marketing tables during New Student Orientation and brochures and signs provided to campus departments for display, including the Texas A&M – San Antonio Enrollment Services Center (Welcome Center). Students also receive email notification through the course for completion information.

For violations of university alcohol and/or drug policies, educational sanctions have been developed to include alcohol or cannabis education. These courses are only provided to students who have been found responsible for violating policies and is provided through the Office of Student Rights and Responsibilities.

University Police Department and Law Enforcement:

The campus is patrolled by state licensed and certified police officers of the State of Texas. These officers have completed all the required training to become certified peace officers in the State of Texas and to maintain their license. In addition, the University Police Department

conducts regular training with officers about campus law enforcement and safety. In most cases, University Police Officers are the first responders in the event of a violation of the alcohol or other drug policies and standards of conduct. These violations may be discovered through regular patrols, noise violation responses, reports from community members, and case investigation/follow-up. In some cases, the violation is first discovered by a member of the campus housing staff. All campus housing staff are trained in identifying the presence, or potential presence, of alcohol or other drugs. Upon identification of an alcohol or other drug violation, the campus housing staff may notify the University Police Department so that they may also address the matter.

Office of Student Rights and Responsibilities:

In addition to legal proceedings related to law enforcement, alleged violations of alcohol and other drug rules are referred to the Office of Student Rights and Responsibilities. All students found in violation of the rules and regulations will be subject to sanctions commensurate with the severity of the offence, disciplinary precedent, and any aggravating and mitigating circumstances. Disciplinary actions in cases involving minor alcohol and drug-related violations typically result in educational outcomes. Sanctions up to and including suspension or expulsion from on-campus housing or the University may be imposed for serious violations. Students accused of violating the Student Handbook or Code of Student Conduct, despite status or affiliation, receive their due process rights during the adjudication process. Any disciplinary action imposed by the University may precede and be in addition to any penalty imposed by an off-campus authority. Students are advised of available alcohol and drug counseling at the SCC and/or referred to a community organization. The SCC can provide assistance and referral to appropriate community agencies. The University enforces parental notification for students found in violation of the University Alcohol and Drug Policy and Code of Student Conduct as allowed by FERPA (Appendix E). When a student has been found in violation, a letter may be sent to the permanent address of the student to notify parents/guardians.

The University generally sanctions students found in violation of the Student Code of Conduct alcohol policy to an online alcohol education course facilitated by Vector Solutions. If a student fails to complete all assigned sanctions within the time provided, a registration hold is placed on their student account and they are not permitted to register for future courses. Once all sanctions are completed the hold is removed. If a student does not enroll in courses for a period of one year or longer, they must re-apply to the university as a returning/former student under current admission standards. Once all sanctions for conduct issues are completed, their conduct record will not prohibit them from reenrolling.

Since the last review, the Office of Student Rights and Responsibilities increased the use of social media as one of the leading platforms for disseminating information and education. [The OSRR Instagram](#) (@tamusaconduct) has information about both active and passive programs in addition to collaborations with other campus departments.

On-Campus Housing and Training:

The University instituted substance-free housing in fall 2017, which includes housing-

specific policies on alcohol, drugs, and smoking. These substances cannot be used in substance-free housing nor can a resident return under the influence of these substances. If a resident violates the substance-free housing agreement, they will be referred to Student Conduct and/or the University Police Department for law or conduct violations, and students may be removed from the housing community.

Resident Assistants receive training prior to the start of every fall and spring semester to include training on Bystander Intervention, QPR Suicide Prevention Training, Alcohol and Drug Education and Prevention, Active Shooter Training, Green Dot, Clery Compliance, the University Student Handbook and Code of Student Conduct, Title IX, Behind Closed Doors, and Incident Report Writing.

Resident Assistants also hosted 12 programs for residential students around alcohol, drug, and overall substance abuse education and safety: 2 programs in 2023, 2 in 2024, and 8 in 2025.

Student Counseling Center:

Through the Texas A&M – San Antonio Student Counseling Center (SCC), students have free access to licensed mental health providers on campus for initial screening/consultation regarding concerns around substance use, with possible referral to outside agencies. The SCC provides brief individual, couples, and group therapy, crisis intervention, consultation, case management, and prevention services. Student counseling services for alcohol and drug data can be found in Appendix H.

Upon request, a Behavioral Health Provider list with options for addiction treatment is available, along with various informational brochures (Appendix M). Also, various screening tools and information are available [online](#).

New Student Orientation:

New students are required to attend an in-person or online orientation prior to enrolling in course work. During these orientations, students are provided information on the Student Handbook and Student Code of Conduct, which includes the Alcohol and Drug Free Campus Rule. Students are also provided information on the Alcohol EDU mandatory course. During the review period of September 1, 2022- August 31, 2023, a total of 1,199 freshmen, 1,776 Transfer/, and 227 Early College High School Program students attended in-person or virtual New Student Orientations.

Student Organizations:

Texas A&M University – San Antonio is committed to promoting positive decision-making by educating members of the University community on the risks associated with alcohol and drug abuse and other high-risk behaviors. Through the Office of Student Life, Student Organization Leadership Development Days (SOLDD) provide student organization leaders with structured, in-person workshops and trainings offered at multiple points throughout the academic year.

As part of the summer SOLDD sessions, student leaders participate in a comprehensive in-person Risk Management Training designed to help them identify, assess, and mitigate risks related to alcohol and illegal drug use, hazing, sexual misconduct, behavior at social events and parties, fire and life safety concerns, and student travel. These trainings reinforce institutional expectations, shared responsibility, and proactive decision-making.

For the 2023-2024 and 2024-2025 academic years, all SOLDD and Risk Management trainings were conducted exclusively in person, allowing for interactive discussion, scenario-based learning, and direct engagement with Student Life staff. This delivery method ensured clarity of expectations and strengthened accountability among student organization leaders.

Additionally, all students traveling beyond the campus's 25 mile radius on behalf of the University are required to complete a Student Travel Packet which includes documentation acknowledging their responsibility to comply with the Student Handbook and all University policies while off campus.

During the September 1, 2023-August 31, 2024 review period, the Office of Student Life facilitated a total of 6 in-person trainings. An additional 6 in-person trainings were held during the September 1, 2024-August 31, 2025 review period, reflecting the University's continued commitment to risk awareness, leadership development, and student safety.

Employee Orientation and Resources:

All new employees, including faculty, staff, and student workers, must attend a New Employee Orientation prior to the start of employment. This orientation reviews onboarding paperwork including Texas A&M System policies and regulations pertaining to drugs and alcohol.

Human Resources sends out an annual notification to employees which includes alcohol and drug policies and laws (Appendix C). Human Resources is also charged with creating university signage stating that the A&M-San Antonio Campus is tobacco, smoke, and vape free (Appendix E).

The University offers an Employee Assistance Program (EAP) contracted through [ComPsych](#). All budgeted benefits eligible faculty and staff have free confidential access to this program. This program is provided to help employees with various personal problems that may arise, including alcohol or other drug use. The service provides an employee who needs help or has questions with a free and confidential place to seek assistance. The program also hosts a website with resources and assessment tools for employees. ComPsyche can be reached via phone at (800) 851-1714 or via email at info1@compsych.com. Substance abuse treatment may be covered by medical plans offered by Texas A&M University – San Antonio.

Texas A&M – San Antonio offers leave covered under the Family and Medical Leave Act (FMLA). Employees are encouraged to meet with the Office of Human Resources regarding FMLA requests. Medical information, including the reason for medical leave, remains confidential.

Please see the following System Policies and Regulations Pertaining to Drugs and Alcohol:

- [Prevention of Alcohol Abuse and Illicit Drug Use](#)
- [System Policy 34.02, Drug and Alcohol Abuse](#)
- [System Policy 34.02.01, Drug and Alcohol Abuse and Rehabilitation Programs](#)
- [System Policy 34.03, Alcoholic Beverages](#)

Annual Security and Fire Safety Report

A primary goal is to make certain students are educated on the zero tolerance policy for alcohol and other drugs on campus. The Annual Security and Fire Safety Report (ASFSR) includes statistics for the previous three years concerning certain reported crimes that occurred on campus, including alcohol and other drug law violations and referrals. The report also includes institutional policies concerning campus security and personal safety including topics such as crime prevention, Texas A&M – San Antonio law enforcement authority, crime reporting policies, disciplinary procedures, and other matters of importance related to security and safety on campus. Notification is sent out to the university community by October 1 of every year by email. Individuals may obtain a copy of this report by contacting the University Police Department at (210) 784-1900 or by accessing the following website: <https://www.tamusa.edu/about-us/campus-information/safety/university-police-department/documents/annual-security-report.pdf>

Statement of AOD Program Goals and Discussion of Goal Achievements:

The AOD Prevention Committee supports the mission of Texas A&M – San Antonio by promoting healthy choices and reducing the harmful effects caused by abusing alcohol, tobacco, and other drugs. Program goals focus on creating a campus community that is cognizant of the various risks and negative impacts of alcohol and other drugs and to educate the community on various policies and laws surrounding alcohol and other drug use and abuse, and to create community support and resources for individuals who may have concerns about behaviors related to the use and/or abuse of alcohol and other drugs.

The University is an alcohol, drug, smoke, tobacco, and vape free campus and notification is distributed by University Email (Appendices C and D). Alcohol is not allowed on University property or at University sponsored events unless approved by the Office of the President.

Various new goals were created by the AOD Committee to assist in supporting Texas A&M – San Antonio’s mission and to further educate the community. The following goals were assessed during the previous Biennial Review period (2019-2021).

- **Goal 1:** Host a minimum of four events per academic semester.
- **Goal 2:** Expand advertising via passive programming, such as the social norms campaign, during AOD events and around campus.

- **Goal 3:** Utilize the Council for the Advancement of Standards in Higher Education (CAS) and develop a baseline for assessment for the AOD committee to review at the end of each academic year.

Statement of Jaguar’s Care Committee Program Strengths and Weaknesses:

Since the creation of the Jaguar’s Care Committee in January 2017, efforts have progressively developed at Texas A&M – San Antonio to increase alcohol and other drug prevention education and programming.

Through the creation of programs, the AOD committee has worked collaboratively across the campus community and in the San Antonio community to create various types of educational programs for students. This includes local collaborations with the Texas Alcoholic Beverage Commission, the San Antonio Council on Alcohol and Drug Abuse, the San Antonio Police Department, and more. Through these efforts, the recommendations of the 2023-2025 Biennial Review were either fully or partially achieved based on the Committee’s assessment.

In the Spring of 2022, Texas A&M – San Antonio made the decision to use Vector Solutions AlcoholEDU as a mandated course for the start of Fall 2022. The University gathers data from Vector Solutions through its impact reports to determine if further educational efforts need to be established.

Starting in the Fall of 2019, leadership from the Jaguar’s Care Committee embarked on the Council for the Advancement of Standards in Higher Education (CAS) self-study. The process entailed assembling a team from throughout the university to evaluate Alcohol and Other Drugs over a total of 51 subject areas contained within 12 standardized categories. The self-study was completed in the summer of 2020. Information learned from the process is used to inform and guide the commitment to continuous self-improvement and progress, where applicable, towards national standards. The next CAS Review occurred during the 2025-2026 Academic Year.

Distributing The Drug and Alcohol Abuse Prevention Program (DAAPP) Information:

Notification to Students and Employees

The Drug and Alcohol Abuse Prevention Programs (DAAPP) policy notification (Appendix A) is distributed via University email to all students and employees by the census date of every semester, including fall, spring, and summer terms, by the Dean of Students and the Chief Human Resources Officer. This ensures that each student and employee receives the notification as they join the campus community. The most recent DAAPP is also available for review [online](#).

Content of the Notification Distributed to Students and Employees

The Texas A&M – San Antonio campus community expects that all members will abide by local, state, and federal laws, including the DFSCR regarding alcohol and other drugs, as well as The Texas A&M University System Policy regarding drugs and alcohol. System Regulation 34.02.01 describes standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on University property or as part of any of University sponsored activities.

The Drug and Alcohol Abuse Prevention Programs notification meets the requirement of distributing information about the DAAPP to all members of the University community. The notification includes:

- A description of legal sanctions under federal, state, or local laws for the unlawful possession, use, or distribution of illicit drugs and alcohol;
- A clear statement of disciplinary sanctions Texas A&M – San Antonio will impose on students and employees for violations of the standards of conduct;
- A description of the health risks associated with the use of illicit drugs and the abuse of alcohol; and
- A description of drug and alcohol programs/resources available to employees or students.

Recommendations for Revising AOD Programs:

Review of Previous Recommendations

Texas A&M – San Antonio continues to make significant progress in substance abuse prevention efforts. Progress was made on all recommendations identified in the 2019-2021 Biennial Review Report.

- **Goal 1:**
 - Host a minimum of four events per academic semester.
 - **Committee Review of Recommendation 1:**
 - The committee finds the recommendation was met but can continue to expand the programs to include more community resources.
 - **Recommendation for 2023-2025:**
 - Continue to host a minimum of four events per academic semester, including both in person and online events.
- **Goal 2:**
 - Expand advertising via passive programming, such as the social norms campaign, during AOD events and around campus.
 - **Committee Review of Recommendation 2:**
 - The committee finds that this recommendation was met.
 - **Recommendation for 2023-2025:**
 - Participate in more campus programs and activities and use other trends to develop more targeted programming.
- **Goal 3:**

- Utilize the CAS and develop a baseline for assessment for the AOD committee to review at the end of each academic year.
- **Committee Review of Recommendation 3:**
 - The committee finds the recommendation was met.
- **Recommendation for 2023-2025:**
 - Research, select, and implement a new online training module.

APPENDIX A: Drug and Alcohol Abuse Prevention Program 2020-2021

Drug and Alcohol Abuse Prevention Program (DAAPP) 2021 Report Texas A&M University – San Antonio

The Drug Free Schools and Communities Regulations (34 CFR Part 86) of the Drug Free Schools and Communities Act (DFSCA) require all Institutions of Higher Education (IHE) such as Texas A&M – San Antonio to certify that it has implemented programs to prevent the abuse of alcohol and use and/or distribution of illicit drugs both by students and employees either on its premises or as part of any of its activities. At a minimum, an IHE must annually distribute the following in writing to all student and employees:

- I. Standards of conduct that clearly prohibit the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees;
- II. A description of the sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
- III. A description of the health risks associated with the use of illicit drugs and alcohol abuse;
- IV. A description of any drug or alcohol counseling, treatment, rehabilitation, or reentry programs that are available to employees or students; and
- V. A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct or law.

I. Standards of Conduct

The Texas A&M University System and each system member is committed to a drug-free environment and protecting the safety, health, and well-being of all employees and students. Texas A&M – San Antonio is an Alcohol and Other Drugs-Free Campus. The University recognizes and supports local, state, and federal laws, including the Drug Free Schools and Communities Campuses Regulations (DFSCR) and system policies with respect to the sale, use, distribution, and possession of alcoholic beverages and illegal drugs, and the Drug-Free Postsecondary Education Act of 1990 with respect to the manufacture, distribution, sale, possession, or use of marijuana, controlled substances, or dangerous drugs on college campuses and elsewhere.

a. Employees

Each Texas A&M University System member must abide by [Regulation 34.02.01, Drug and Alcohol Abuse and Rehabilitation Programs](#). Other applicable policies include: The Drug Free Workplace Act of 1988, the Drug-Free Schools and Communities Act of 1989, the Drug-Free Work Force Rules for Department of Defense (DOD) Contractors, and the requirements of the Department of Transportation or other regulatory bodies and applicable state laws.

b. Students

Violations of the Student Code of Conduct are taken seriously. The University may impose disciplinary charges against any student who allegedly violates Texas A&M System policies and regulations, University rules and procedures, and/or local, state, and federal laws concerning controlled substances. Violations of any local, state, or federal law pertaining to controlled substances that occur off campus and are not associated with a University-connected activity may still result in disciplinary charges in situations in which the continued presence of the individual on campus is likely to interfere with the educational process and the orderly operation of the University. University disciplinary proceedings will be in accordance with procedures outlined in the Student Code of Conduct.

II. Legal Sanctions

Texas A&M – San Antonio enforces all federal and state laws and local ordinances.

a. Federal

Offense	Minimum Punishment	Maximum Punishment
Manufacture, distribution or dispensing of drugs (includes marijuana)	A term of imprisonment for up to 5 years, and a fine of \$250,000.	A term of life imprisonment without release (no eligibility for parole) and a fine not to exceed \$8,000,000 (for an individual) or \$20,000,000 (if other than an individual).
Possession of drugs (including marijuana)	Imprisonment for up to 1 year, and a fine of not less than \$1,000.	Imprisonment for not more than 20 years nor less than 5 years and fine of not less than \$5,000 plus costs of investigation and prosecution.
Operation of a Common Carrier under the influence of alcohol or drugs	--	Imprisonment for up to 15 years and a fine not to exceed \$250,000.

b. State

Offense	Minimum Punishment	Maximum Punishment
Manufacture or delivery of controlled substance	Confinement in jail for not more than 2 years nor less than 180 days, and a fine not to exceed \$10,000.	Confinement in a state prison for life or for a term of not more than 99 years nor less than 15 years, and a fine not to exceed \$250,000.
Possession of controlled substances (drugs)	Confinement in jail for a term of not more than 180 days, a fine not to exceed \$2,000, or both	Confinement in a state prison for life or for a term of not more than 99 years nor less than 10 years, and a fine not to exceed \$250,000.

Delivery of Marijuana	Confinement in jail for a term of not more than 180 days, a fine not to exceed \$2,000, or both.	Confinement in a state prison for life or for a term of not more than 99 years nor less than 10 years, and a fine not to exceed \$100,000.
Possession of Marijuana	Confinement in jail for a term of not more than 180 days, a fine not to exceed \$2,000, or both.	Confinement in a state prison for life or for a term of not more than 99 years nor less than 5 years, and a fine not to exceed \$50,000.
Driving while intoxicated (includes intoxication from alcohol, drugs, or both)	Confinement in jail for a term of not more than 180 days nor less than 72 hours, and a fine of not more than \$2,000.	Confinement in a state prison for a term of not more than 10 years nor less than 2 years, and a fine of not more than \$10,000.
Public intoxication (Class C Misdemeanor)	Fine not to exceed \$500.	Section 49.02, Texas Penal Code, provides that the offense of public intoxication wherein a person appears in a public place while intoxicated to the degree that the person may endanger himself or another person is punishable as a Class C misdemeanor, unless the person is younger than 21 years old, wherein Sections 106.071 and 106.115, Texas Alcoholic Beverage Code apply and provide for a Class C misdemeanor punishment and attendance at an alcohol awareness program, and where the offender has been previously convicted twice for an alcohol-related offense by a minor, the punishment is a fine of not less than \$250 or

		more than \$2000; confinement in jail for a term not to exceed 180 days; or both the fine and confinement; community service of 8 to 40 hours; suspension of Texas Driver's License or permit for 30 to 180 days and attendance at an alcohol awareness program.
Purchase of alcohol by a minor	Fine to not exceed more than \$500.	Sections 106.02, 106.071, and 106.115, Texas Alcoholic Beverage Code, provide that the offense of the purchase of alcohol by a minor is punishable as a Class C misdemeanor and attendance at an alcohol awareness program, and when the person has been previously convicted twice for an alcohol-related offense by a minor, the punishment is a fine of not less than \$250 or more than \$2000; confinement in jail for a term not to exceed 180 days; or both the fine and confinement; community service of 8 to 40 hours; suspension of Texas Driver's License or permit for 30 to 180 days and attendance at an alcohol awareness program.
Consumption of alcohol by a minor	Fine not to exceed more than \$500.	Sections 106.04, 106.071, and 106.115, Texas Alcoholic Beverage Code, provide that the offense of consumption of alcohol by a minor is punishable as a Class C misdemeanor and attendance at an alcohol awareness program, and where the person has been previously convicted twice for an alcohol-related offense by a minor, the punishment is a fine of not less than \$250 or more than \$2000; confinement in jail for a term not to exceed 180 days; or both the fine and confinement; community service of 8 to 40 hours; suspension of Texas Driver's License or permit for 30 to 180 days and attendance at an alcohol awareness program.
Possession of alcohol by a minor	Fines not to exceed more than \$500.	Sections 106.05, 106.071, and 106.115, Texas Alcoholic Beverage Code, provide that the possession of alcohol by a minor is punishable as a Class C misdemeanor and attendance at an alcohol awareness program, and where the person has been previously convicted twice for an alcohol-related offense by a minor, the punishment is a fine of not less than \$250 or more than \$2000; confinement in jail for a term not to exceed 180 days; or both the fine and

		confinement; community service of 8 to 40 hours; suspension of Texas Driver's License or permit for 30 to 180 days and attendance at an alcohol awareness program.
Sale of alcohol to a minor (Class A misdemeanor)	A fine not to exceed \$4000 or confinement in jail for a term not to exceed one year or both	For a subsequent offense, a fine of not less than \$500 nor more than \$1,000 or confinement in jail for not more than 1 year, or both.

III. Health Risks

There are many types of drugs that trigger harmful effects. Drugs are categorized by the effects of each. According to The Drug Enforcement Agency 2015 Resource Guide on Drugs of Abuse, the following risks are associated with drug and alcohol abuse.¹

SUBSTANCE	SOME POSSIBLE LONG TERM EFFECTS
Alcohol	Bleeding from the intestinal tract, damage to nerves and the brain, psychotic behavior, loss of memory and coordination, damage to the liver often resulting in cirrhosis impotence, severe inflammation of the pancreas, and damage to the bone marrow, heart, testes, ovaries, and muscles
Cannabis Marijuana, Hashish, Synthetic Marijuana	Regular use can lead to physical dependence and withdrawal following discontinuation, as well as psychological addiction or dependence
Stimulants Cocaine, Methamphetamine (MDMA Molly, Ecstasy, X, XTC), Nicotine, Amphetamines (Adderall)	Agitation, hostility, panic, aggression, suicidal or homicidal tendencies, paranoia sometimes accompanied by both auditory and visual hallucinations
Depressants Benzodiazepine (Valium, Xanax), Flunitrazepam (Roofies), GHB	Physical dependence even at doses recommended for medical treatment. Withdrawal from depressants can be life threatening.
Hallucinogens LSD, Psilocybin (Shrooms, Peyote, PCP)	Respiratory depression, coma, convulsions, seizures, flashbacks, death
Narcotics Heroin, Morphine, Codeine, Opium, Hydrocodone, Salvia	Restlessness, irritability, loss of appetite, nausea, tremors, drug craving, severe depression, vomiting, high blood pressure, chills alternating with increased heart rate, flushing, excessive sweating
Steroids	High cholesterol levels which may increase the risk of coronary artery disease, strokes, heart attacks
Inhalants Spray Paints, Markers, Glue, Cleaning Fluids, Gasoline	Weight loss, muscle weakness, disorientation, inattentiveness, lack of coordination, irritability, depression, damage to the nervous system and other organs

¹ Points on substance abuse long term effects obtained from the Drug Enforcement Agency (DEA) 2020 Resource Guide on Drugs of Abuse found online at: https://www.dea.gov/sites/default/files/2020-04/Drugs%20of%20Abuse%202020- Web%20Version-508%20compliant-4-24-20_0.pdf (website last visited 12/16/21).

IV. Drug and Alcohol Programs

The following training, programs, resources, counseling, treatment, rehabilitation, or reentry programs are available to employees and/or students as described below.

a. Employees

Texas A&M – San Antonio annually notifies employees of [The Texas A&M University System Regulation 34.02.01, Drug and Alcohol Abuse and Rehabilitation Programs](#). Additionally, [Texas A&M University-San Antonio provides employees with Rule 34.02.01.01, Substance Abuse Prevention](#).

The University offers an Employee Assistance Program (EAP) contracted through ComPsych. ComPsych services can be found [online](#), can be reached via phone at (800) 851-1714 or via email at info@compsych.com. Substance abuse may be covered by medical plans offered by Texas A&M – San Antonio.

Texas A&M – San Antonio offers leave covered under the Family and Medical Leave Act (FMLA). Employees are encouraged to meet with the Office of Human Resources regarding FMLA requests. Medical information, including the reason for the medical leave, remains confidential.

b. Students

Texas A&M – San Antonio is a drug, alcohol, and tobacco free campus, as stated in the [Student Handbook](#). This includes on-campus housing. The Alcohol and Drug Prevention Committee upholds the mission of the university to enrich the social development of students through alternative programming and by education on safe behavior. The Committee is made up of various offices on campus including, but not limited to, the Dean of Students and representatives from First-Year Experience, University Police Department, Student Counseling Center, Student Rights and Responsibilities, Recreational Sports, University Housing, and a student representative.

AlcoholEDU is an online alcohol education course, is a mandated course for all incoming students under the age of 21. This course is also open to all students for education on alcohol use and abuse. Also, a Sexual Assault Prevention Course is offered to assist in education on sexual assault prevention.

All new students are presented with general information during their face-to-face or online orientation about the Drug-Free Campus Rule stated in the Student Handbook (Section 11) and the Student Code of Conduct (Section 9). All university-sponsored activities are alcohol and drug free unless approved by the University President, and they provide opportunities for participants to enjoy healthy entertainment and educational activities. Students traveling for any extracurricular or university-sponsored

event must sign a Student Travel Waiver indicating that they have read, understand, and will abide by all University rules.

Through the Texas A&M – San Antonio’s Student Counseling Center, students have free access to licensed mental health providers on campus for initial screening/consultation related to a concern about substance use, with possible referral to outside agencies. Upon request, a Behavioral Health Provider list with options for addiction treatment is available, along with various informational brochures. Also, various screening tools and information are available [online](#) via the Student Counseling Center.

Resources

i. Residential treatment

San Antonio Recovery Center	(866) 514-0275
Center for Healthcare	(800) 316-9241
Stone River Recovery Center	(888) 235-3003
Virtue Recovery Center	(855) 783-8556
Lifetime Recovery	(210) 734-6362
Cenikor	(866) 236-4567
La Hacienda Treatment Center (Hunt, Texas)	(830) 971-0367
Origins Recovery Center (South Padre)	(866) 802-3617

ii. Intensive Outpatient

Virtue Recovery Center	(855) 783-8556
Blue Heron Recovery	(888) 403-6608
New Choices Treatment Centers	(210) 774-5854

iii. Detox

Center for Healthcare Services	(210) 246-1300
The Virtue Recovery Center	(855) 783-8556

Methodist Transplant (alcohol and benzodiazepine only)	(210) 575- 8110
New Choices Treatment Centers	(210) 774-5854
Virtue Recovery Center	(855) 783-8556

V. Disciplinary Sanctions

Texas A&M – San Antonio will impose sanctions on employees and students for violation of its policies and standards of conduct (consistent with federal, state, and local laws) up to and including reprimands, expulsion, termination, and referral for prosecution. Possible sanctions are described in more detail below.

a. Employees

If a supervisor reasonably suspects that use of a controlled substance or alcohol has resulted in absenteeism, tardiness, or impairment of work performance, or is the cause of workplace accidents, the supervisor will immediately notify the appropriate department head or designated administrator. Upon direction from the department head or designated administrator, the supervisor or designated administrator will discuss with the employee the suspected alcohol or drug-related problem(s). The employee will be advised of available alcohol and drug counseling, rehabilitation, or employee assistance programs, and the terms of any applicable disciplinary sanctions. The employee may be required to participate in an assistance program and be subject to discipline (up to and including termination of employment) if they reject participation in the program.

If discussion and/or participation in available alcohol or drug counseling, rehabilitation, or the employee assistance program fails to resolve the suspected alcohol or drug-related problem(s), or if the employee fails to meet the terms of any applicable disciplinary [34.02.01 Drug and Alcohol Abuse and Rehabilitation Programs](#) sanctions, the employee may be subject to further disciplinary action up to and including employment termination. Any disciplinary action will be governed by system policies on discipline and dismissal and academic freedom, responsibility, and tenure. A record of the action will be placed in the employee's personnel file.

b. Students

Disciplinary action in cases involving drug-related violations may result in suspension, dismissal, or expulsion from the University, and/or eviction from housing, depending on the nature and seriousness of the case. Participation in a substance abuse education or treatment program may be required in addition to other sanctions. This includes, but is not limited to, AlcoholEdu online course and the Sexual Assault Prevention Course. Any disciplinary action imposed by the University may precede and be in addition to any penalty imposed by an off-campus authority.

VI. Annual Notification of the DAAPP and Biennial Report

a. Employee Notification

Notification of the information contained in the DAAPP is distributed to all current employees of the university on an annual basis via an all-staff email. New employees receive notification during their orientation process. The DAAPP is also available for review [online](#).

b. Student Notification

Notification of the information contained in the DAAPP is distributed to all currently enrolled students each semester via jaguar email and can be found online.

c. Annual Security Report Notification

The Annual Security Report (ASR) report includes statistics for the previous three years on certain reported crimes that occurred on campus, including alcohol and other drug law violations and referrals. The report also includes institutional policies concerning campus security and personal safety, including topics such as crime prevention, UPD law enforcement authority, crime reporting policies, disciplinary procedures, and other matters of importance related to security and safety on campus. Notification is sent out to the university community by October 1 of every year by email. You may obtain a copy of this report by contacting the University Police Department at (210) 784-1900 or by accessing the following [website](#).

VII. Oversight Responsibility

The Dean of Students and the Chief Human Resources Officer serve as the main contacts who have oversight responsibility of the DAAPP, including, but not limited to updates, coordination of information required in the DAAPP, coordination of the annual notification to employees and students, and the biennial review.

Dean of Students
Dr. Zeak Naifeh
Location: Madla 312
Phone: (210) 784-1354
Email: zeak.naifeh@tamusa.edu

Associate Vice President & Chief Human Resources Officer
Martha Gonzalez
Location: Central Academic Building, 439
Phone: (210) 784-2058
Email: Martha.Gonzalez@tamusa.edu

For further information on various resources and events, please visit the following link: <http://www.tamusa.edu/studentengagementsuccess/dean-of-students/alcohol-drug-prevention/index.html>. For more information or review of the Texas A&M University 2017- 2019 Biennial Review of Drug and Alcohol Abuse Prevention Programs, please visit the following

link: <https://www.tamusa.edu/documents/dean-of-students/drug-alcohol-abuse-prevention-programs-daapp.pdf>.

APPENDIX B: Annual Notification to Employees 2020

The following email notification was sent from Human Resources to all Texas A&M University – San Antonio employees on November 16, 2020, in an attachment to following email:

To A&M San Antonio employees:

All Texas A&M University-San Antonio (A&M-San Antonio) employees need to be aware of Federal and State laws, System policies and regulations, and A&M-San Antonio rules and procedures that affect them in the workplace.

Please take a few minutes to review this Annual Notification to Employees.

Please contact the Human Resources department at (210) 784-2058 for additional information regarding the subjects in the annual notification.

Thank You,

Martha O. Gonzalez, MPA, SPHR Chief Human Resources Officer Texas A&M University – San Antonio
(210)784-2059

Martha.Gonzalez@tamusa.edu employment@tamusa.edu benefits@tamusa.edu www.tamusa.edu

Annual Notification to Employees

All Texas A&M University – San Antonio employees need to be aware of Federal and State laws, System policies and regulations, and A&M-San Antonio rules and procedures that affect them in the workplace.

Please contact your Human Resources department for additional information regarding the subjects below.

REPORTING FRAUD, WASTE, AND ABUSE – EVERYONE’S RESPONSIBILITY

The Texas A&M University System has established a System-wide Risk, Fraud, and Misconduct Hotline. The Hotline is a telephone and web-based reporting system that provides a way to anonymously report instances of suspected fraud, waste, and abuse. Every person, regardless of position, shares in the responsibility for promoting an ethical and safe environment. If you have factual information suggestive of fraudulent, wasteful, or abusive activities involving any system member, employee, student, or other affiliate, we want you to report it. Examples of reportable issues include fraud, theft, misuse of system resources or information, violations of safety rules or environmental laws, conflicts of interest, and discrimination.

Reports may be made directly through the Risk, Fraud and Misconduct Hotline via telephone at (888) 501-3850, directly to System Internal Audit at (979) 458-7100, or online at <https://secure.ethicspoint.com/domain/media/en/gui/19681/index.html> You can also report issues involving fraud, waste, and abuse to the Texas State Auditor’s Office at (800) 892-8348 or <https://sao.fraud.texas.gov/ReportFraud/>.

CIVIL RIGHTS COMPLIANCE PROGRAM

No individual on the basis of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, or any other classification protected by federal, state, or local law shall be excluded from participation in, denied the benefits of, or be subjected to discrimination under any university program or activity. All employees are responsible for ensuring their work and educational environments are free from discrimination, sexual harassment, and/or related retaliation.

When alleged or suspected discrimination, including sexual harassment, is experienced by, observed by, or made known to an employee in the course and scope of their employment, the employee is responsible for promptly reporting that information as indicated below. An employee’s failure to report alleged or suspected discrimination may result in disciplinary action, including dismissal. The university must dismiss an employee if, in accordance with its applicable disciplinary processes, the university determines that the employee knowingly failed to make a required report, or that the employee, with the intent to harm or deceive, knowingly made a report that is false. In addition, the individual may be subject to criminal prosecution and incarceration.

All concerns or complaints regarding any type of illegal discrimination based on a protected status, including sex, should be brought to the attention of the Texas A&M University – San Antonio Title IX Coordinator, Joni Baker, Ph.D.; One University Way, CAB 439, San Antonio, Texas 78224, (210) 784-2061, and/or the Office of Civil Rights, U.S. Department of Education, One Petticoat Lane, 1010 Walnut Street, 3rd Floor, Suite 320, Kansas City, Missouri, 64106, 816-268-0550, OCR.KansasCity@ed.gov. Reports can also be made anonymously [online](#).

CRIME INFORMATION & STATISTICS

Texas A&M University – San Antonio is committed to assisting all members of the University community in providing for their own safety and security. The Annual Security and Fire Safety Report is available [online](#). If you would like to receive the combined Annual Security and Fire Safety Report that contains this information, visit UPD at One University Way, Police Department, San Antonio, Texas, 78224, or you can request that a copy be mailed to you by calling UPD at (210) 724-1900.

The UPD website and report contain information regarding campus security and personal safety, including topics such as crime prevention, fire safety, University law enforcement authority, crime reporting policies, disciplinary procedures, and other matters of importance related to security and safety on campus. They also contain statistics for the three previous calendar years concerning certain reported crimes that occurred on campus, in certain off-campus building or property owned or controlled by Texas A&M University – San Antonio and on public property within or immediately adjacent to and accessible from the campus. This information is required by law and provided by UPD.

OUTSIDE EMPLOYMENT

The Texas A&M University System policies and regulations allow both faculty and non-faculty employees to hold an outside job, engage in outside consulting work, and/or have an ownership interest or serve on the board of an entity. The outside employment activity must be approved in advance by the appropriate vice president and must not interfere with the assigned workload and responsibilities of the employee; employees must complete the Texas A&M University – San Antonio [Model External Employment Application and Approval Form](#). The activity must be reasonable in amount and conducted according to the standards of conduct prescribed by law. In addition, the activity must avoid unfair competition with private enterprises, must not conflict with the interests of the State of Texas, and must not be represented as having the endorsement or sponsorship of the system or Texas A&M University – San Antonio, which prohibits the use of university resources for external employment. For additional information, please see the following policies:

- [System Regulation 31.05.02, External Employment](#)
- [System Regulation 33.04.01, Use of University Resources for External Employment](#)

COMPENSATORY TIME

All State agencies are required to notify their employees of the State's policy on compensatory time. Please see this [information](#) from the Department of Labor about compensatory time (or “comp time”). Requests for compensatory time for exempt employees requires approval from the University President. All comp time, regardless of whether the employee is exempt or nonexempt, must be authorized in advance. For additional information, see the following policies:

- [System Regulation 31.01.09, Overtime](#)

UPDATING EMPLOYEE DISABILITY STATUS

Texas A&M University – San Antonio remains committed to providing a workplace free from discrimination and one that is inclusive and welcoming. In accordance with federal regulations,

employees are invited to identify as an individual with a disability, if applicable. Self-identification is voluntary, will be kept confidential, and will not be used against employees in any way. To self-identify, you can complete the voluntary self-identification of disability form and submit it to the Offices of Human Resources, or logon to Workday, select Personal Data in your profile, and ‘Change Self Identification of a Disability’.

UPDATING EMPLOYEE EMERGENCY CONTACT INFORMATION

Your department will use emergency contact information to inform your family or designee if you are injured or involved in an emergency while working. To keep this information current, all employees are urged to update their contact information each year. To access and update your personal data in Workday log into SSO, then select Workday, go to your Personal Information and select ‘Personal Data,’ select Emergency Contacts to review your information, then select ‘Edit’ to update your emergency contact information.

HIV/AIDS AND THE WORKPLACE

The Human Immunodeficiency Virus Service Act, Chapter 85, Texas Health and Safety Code, specifies that workplace guidelines be established to ensure that the rights and privileges of individuals infected with the Human Immunodeficiency Virus (HIV) are protected.

Please review [System Regulation 34.04.03, HIV/AIDS in the Workplace and Learning Environment](#). For additional information, visit the [Texas Department of State Health Services](#).

A brochure offered by The Texas Department of State Health Services can be reviewed [online](#).

REPORTING TO SUPERVISOR ANY ARREST, CRIMINAL CHARGE, OR CONVICTION

Texas A&M University – San Antonio employees must report to their supervisor, within 24 hours or at the earliest possibility thereafter, any criminal arrests, criminal charges, or criminal convictions, excluding misdemeanor traffic offenses punishable only by fine. Failure to make the report required by this section shall constitute grounds for disciplinary action, including dismissal. See [System Regulation 33.99.14, Criminal History Record Information—Employees and Candidates for Employment](#).

DRUG AND ALCOHOL ABUSE PREVENTION AND REHABILITATION PROGRAM

Texas A&M University – San Antonio is committed to protecting the safety, health, and wellbeing of its students, employees, and all people who encounter its property and facilities. Recognizing that alcohol and substance abuse poses a direct and substantial threat to this goal, Texas A&M University – San Antonio is committed to providing an alcohol and illegal substance free working environment for all of its employees; educating employees and students about alcohol and drug issues; deterring the irresponsible use of alcoholic beverages; and prohibiting the unlawful manufacture, use, possession, or distribution of controlled substances. In accordance with the Drug-Free Schools and Communities Act Amendments of 1989, Texas A&M University – San Antonio has established an alcohol and drug awareness and prevention program for its employees and students. The program provides information regarding the dangers and health risks of alcohol and drug abuse; available alcohol and drug

counseling, rehabilitation, and employee assistance programs; and the sanctions that may be imposed on students and employees for alcohol and drug violations. The policies, rules, and procedures are designed to comply with applicable laws and regulations. Please review the following:

- [System Policy 34.02, Drug and Alcohol Abuse](#)
- [System Regulation 34.02.01, Drug and Alcohol Abuse and Rehabilitation Programs](#)
- [Texas A&M University – San Antonio Rule 34.02.01.01, Substance Abuse Prevention](#)

REQUIRED NOTICE TO EMPLOYEES REGARDING THE PREVENTION OF ALCOHOL ABUSE AND ILLICIT DRUG USE AT TEXAS A&M UNIVERSITY – SAN ANTONIO

In order to comply with the Drug-Free Schools and Communities Act of 1994 (20 U S C 7101 et seq.), required information as outlined in Section 3.2 of System Regulation 34.02.01, Drug and Alcohol and Rehabilitation Programs is distributed annually to all employees and students. Texas A&M University – San Antonio is committed to the elimination of alcohol abuse and illicit drug use. Alcohol abuse and illicit drug use disrupt the environment of personal growth all institutions of higher education seek to develop. The higher education community desires to prevent the negative consequences that alcohol abuse and illicit drug use can have on the learning environment.

This summary provides standards of conduct, legal sanctions, disciplinary sanctions, and health risks associated with alcohol and other drug abuse.

APPENDIX C: Alcohol, Drug and Tobacco Free Campus Notification 2025

Hi Jessica,

Texas A&M University - San Antonio is using Vector LMS to offer training modules online for your convenience. **Most incoming students are required to take Alcohol EDU.** Other training modules may be required depending on your circumstances. Follow these easy steps to complete your Texas A&M University - San Antonio training requirement(s):

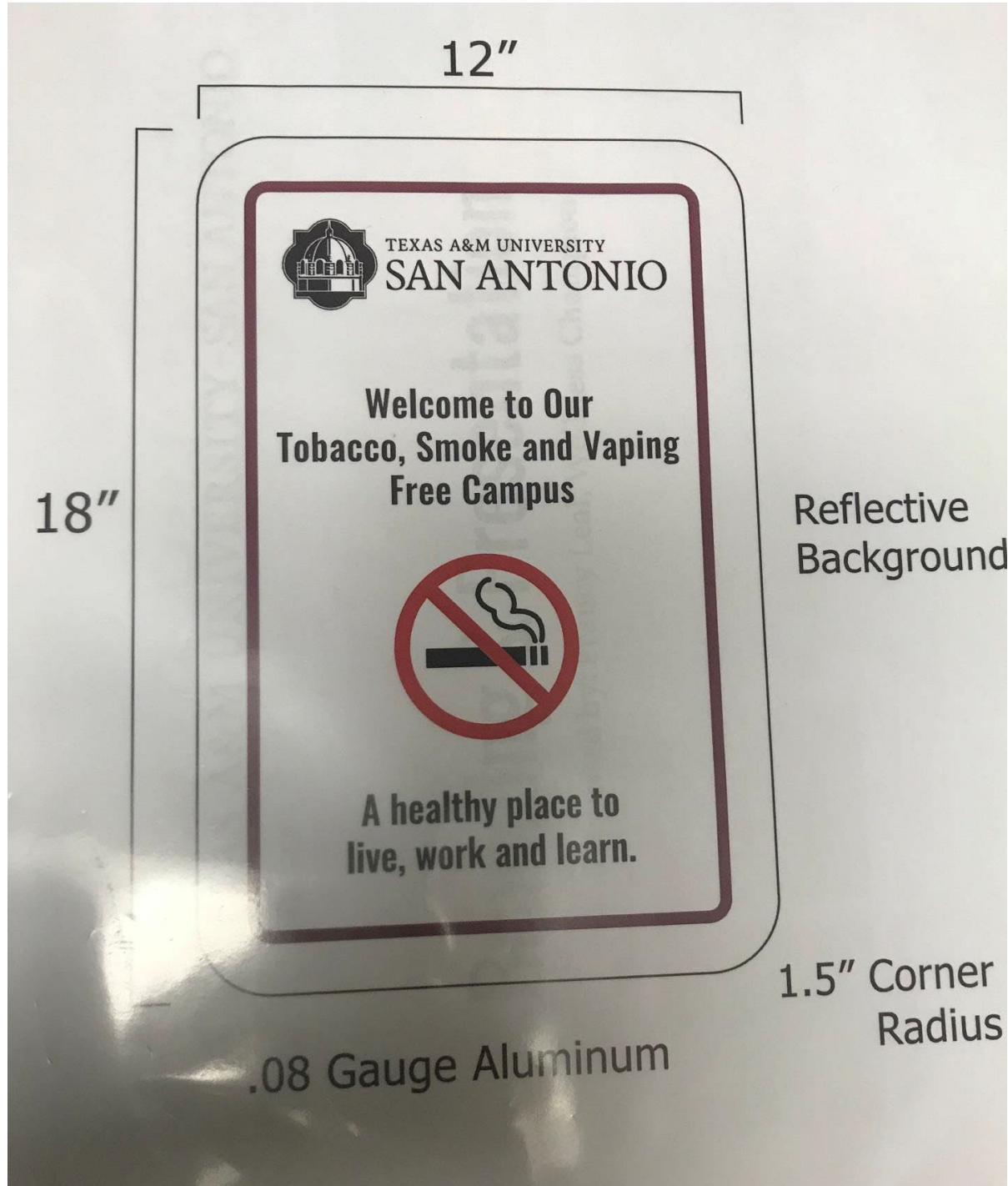
Alcohol EDU is a **required** module for most incoming students and ***you may be unable to register for classes until you've completed this module.*** Once you complete the module, the Alcohol EDU hold should automatically be released from your account within 24 hours. Should you have any questions about the presence of a hold on your student account, you may contact The Office of Student Rights & Responsibilities at 210-784-1353 or studentrr@tamusa.edu. While our office tries to respond to inquiries as quickly as possible, please allow up to 24-48 hours for us to assist with your concern.

Using your web browser, go to the Vector LMS website for Texas A&M University - San Antonio : <https://tamusa-tx.safecolleges.com/>

If requested, please enter your Jaguar credentials. You will then be taken to your My Assignments page in the Vector LMS where you will see your assigned program.

APPENDIX D: Tobacco, Smoke, and Vape Free Campus Signs

Texas A&M University – San Antonio created a total of six (6) metallic signs and placed them around campus, including entrances to parking lots. As the institution grows and expands its footprint, additional signs will be added.



APPENDIX E: Student Handbook Alcohol and Drug Policies and Procedures

Student Handbook, Section 9.4: Conduct Rules and Regulations: Alcohol, Controlled Substances, and Illegal Drugs

Alcohol, Controlled Substances, and Illegal Drugs

Includes, but is not limited to:

- Use, possession, manufacturing, or distribution of any alcoholic beverage in areas of University property that has not been approved for such activity;
- Use, possession, manufacturing, or distribution to any person under twenty-one (21) years of age;
- Public intoxication or drunkenness;
- Driving while intoxicated or while under the influence of alcohol or other illegal drugs.

The act of using, possessing, being under the influence of, manufacturing or distributing illegal drugs or illegally obtained/possessed controlled substances. Individuals may not operate a motor vehicle or other form of transportation while under the influence.

Possession of drug paraphernalia, as defined as object(s) used for or intended to be used for the consumption of prohibited substances.

For more information regarding reporting amnesty under the 911 Lifeline Law, please refer to 9.5.1.

For more information on Alcohol and other drugs policies, please see Section 11.

Student Handbook, Section 9.5: Procedure related to Exigent Circumstances and Public Safety

Parental Notification of Alcohol & Drug Violations:

The Family Educational Rights and Privacy Act (FERPA), permits colleges and universities to inform the parents/guardians of students less than 21 years of age when their son/daughter has been found in violation of university alcohol and drug regulations.

Student Handbook, Section 9.5.1: Amnesty Reporting

This section pertains to students who report being a victim of or witness to sex-based and some limited other misconduct, including, but not limited to Title IX violations, hazing, and underage alcohol or drug use/abuse.

911 Lifeline Law: In 2011, the Texas Legislature passed a law providing a partial amnesty program for individuals who are under the age of 21 and call 911 because someone might have alcohol poisoning. Texas A&M University – San Antonio holds student safety as the number one priority. In order to ensure that students are able to call for help when needed, the Office of Students Rights and Responsibilities may not issue charges under the Code of Student Conduct for alcohol possession or consumption by a minor in certain circumstances. This amnesty may be applied when a student is the

first person to contact emergency personnel (911 or 1911 on campus), remains on the scene until medical personnel arrives, and fully cooperates with EMS and law enforcement. Charges may still be filed if other code allegations and/or violations of law occur.

Amnesty for Students Reporting Sexual Misconduct: In 2017, the Texas Legislature passed a law providing an amnesty program for students who report incidents of sexual misconduct. Students who, in good faith, report to the institution of being a victim of, or a witness to, an incident of sexual harassment, sexual assault, dating violence, domestic violence, or stalking may be provided amnesty regarding other potential code violations, including, but not limited to, underage alcohol consumption and use of illegal drugs. Amnesty does not apply to a student who reports their own commission or assistance to the commission of sexual misconduct. For additional information, please contact the Title IX Coordinator.

Amnesty for Students Reporting Hazing: Students who, in a good faith effort, report to the institution being a victim of, or witness to, an incident of hazing may be provided amnesty regarding other potential conduct violations relating directly to the incident(s) of hazing, including, but not limited to, underage alcohol consumption and use of illegal drugs. Amnesty does not apply to a student who reports on their own commission of hazing or reports about an incident of hazing in bad faith or with malice.

Student Handbook, Section 11 University Drug and Alcohol Rules

11.1.1 Texas A&M University – San Antonio Drug-Free Campus Rule

Texas A&M University – San Antonio is committed to ensuring a safe, healthy, and pleasant work and learning environment on all University-controlled property and is an alcohol, drug, tobacco, smoke and vape free campus. Texas A&M University – San Antonio is in compliance with the Drug Free Schools and Campuses Regulations (34CFR, Part 86) of the Drug Free Schools and Communities Act (DFSCA), and the Higher Education Act (Section 120A). Alcohol is not allowed on University property or at University sponsored events, unless approved by The Office of the President. The University recognizes the abuse of alcohol and other drugs is a threat to the mission of this institution and to the members of the University community.

Texas A&M University – San Antonio recognizes and supports present local, state, and federal laws and policies of the Board of Regents with respect to the sale, use, distribution, and possession of alcoholic beverages and illegal drugs. In addition, the Drug-Free Postsecondary Education Act of 1990 with respect to the manufacture, distribution, sale, possession, or use of marijuana, controlled substances, or dangerous drugs on college campuses and elsewhere.

Policies for DFSCA Compliance of the Drug and Alcohol Abuse Prevention Programming Report (DAAPP) and Biennial Review can be found online.

Purpose of the Drug-Free Campus Rule

Texas A&M University – San Antonio strives to assist students in achieving their potential as human beings and in becoming self-directed in all activities. Because growth and development are shaped by a student's experience, the University seeks to develop an environment where students can learn

how to live fulfilling and productive lives. Substance abuse disrupts this environment and threatens not only the lives and well-being of our students, faculty and staff but also their potential for contribution to society. It is important for all members of the university community to take responsibility for preventing substance abuse from negatively affecting the community's learning environment and the academic, physical and emotional well-being of its membership.

In recognition of the problems of substance abuse, members of the University community have developed this University-wide drug rule. This rule deals with education, prevention, intervention and treatment activities as well as disciplinary sanctions for those found in violation of the rule. The university has established comprehensive substance abuse prevention programs such as an Online Mental Health Screening, which is available 24/7 to help eliminate the threat that substance abuse poses. Through education, the university is committed to helping individuals achieve their personal and academic goals.

11.1.2 Alcohol Rule

Alcohol is not allowed on University property or at University sponsored events, unless approved by The Office of the President. Texas A&M University-San Antonio is an educational institution⁸⁷ dedicated to the pursuit of excellence, the promotion of academic achievement and the advancement of knowledge. Because of the University's interest in the intellectual, physical and psychological well-being of the campus community, it is important that the University take steps to curtail the abusive or illegal use of alcoholic beverages. This will be accomplished by educating members of the University community about the effects of misuse and use of alcohol, and enforcement of this Alcohol Rule.

The use of alcoholic beverages by members of Texas A&M University – San Antonio community is always subject to the alcoholic beverage laws of the State of Texas.

- Individuals must be at least 21 years old to purchase, possess, or consume alcoholic beverages. Individuals not in compliance with this Alcohol Rule are subject to arrest and/or citation by the University Police Department. The offending student or student organization will also be subject to University disciplinary action and sanctions commensurate with the offense and any aggravating or mitigating circumstances.
- University policy prohibits the possession of any alcoholic or intoxicating beverage(s) on University property except in specified locations and only permitted by policy. On-campus use of alcohol is authorized by the Texas A&M University-San Antonio President and only in designated locations.
- Student organizations must comply with the guidelines set forth for registered student organizations. Please refer to the [Student Organization Handbook](#).

11.1.3 Controlled Substances and Illegal Drugs Rule

All members of the University community are expected to abide by local, state and federal laws pertaining to controlled substances and illegal drugs. More specifically, the Texas A&M University – San Antonio Code of Student Conduct prohibits manufacturing, possessing, having under control,

selling, transmitting, using or being party thereto any illegal drug, controlled substance or drug paraphernalia on university premises or at university-sponsored activities.

The term “controlled substances,” when used in this handbook, shall refer to those drugs and substances whose possession, sale or delivery results in criminal sanctions under the Texas Controlled Substance Act (Texas Civil Statutes, Article (4476-15), as well as substances that possess a chemical structure similar to that of a controlled substance (e.g., “designer drugs”).

11.1.4 Smoking and Tobacco Use

All Texas A&M University – San Antonio campuses and locations are smoke, tobacco, and vape free. Smoking (cigars, cigarettes, electronic cigarettes, etc.) and smokeless tobacco (chewing tobacco, “dip”, electronic cigarettes, vaping etc.) are prohibited.

This applies to all faculty, staff, students, and visitors on University-controlled property or using University-owned or leased/rented vehicles. It is the responsibility of all members of the Texas A&M University – San Antonio community to observe the provisions and comply. Violations will be handled in a manner outlined in the applicable faculty, staff, and Code of Student Conduct publications.

Violations will be handled in a manner outlined in the applicable faculty, staff, and Code of Student Conduct publications.

11.1.5 Education, Prevention and Referral for Treatment

The Drug and Alcohol free-campus rule reviews education, prevention, intervention and treatment activities for students, as well as disciplinary sanctions for those found in violation of the rule. The University has established comprehensive substance abuse prevention programs such as the Online Mental Health Screening, which is available 24/7 to help eliminate the threat that substance abuse poses. Through education, the University is committed to helping individuals achieve their personal and academic goals.

Alcohol and Drug Education & Prevention Programming

The Division of Student Affairs established the Jaguars Care Committee to provide educational programming to students on campus. This includes Informational tables on safe behaviors while drinking, bystander intervention, standard drink education, consent under the influence of alcohol, dangers of alcohol poisoning, education on Texas 911 Lifeline Law, Party drug information, etc. Other educational programs include 4:20 Marijuana Education, Drunk goggle simulations, Education Bingo, and education on resources on campus. A comprehensive list can be found on the Webpage.

Alcohol Education Course

The University mandates that all in-coming students under the age of 21 complete an alcohol education course. The online education module is hosted through Vector Solutions, which also provides a Sexual Assault Prevention course, previously titled Haven, and a Prescription Drug Course. These courses are open for all university students to complete prior to their first semester. A

sanction course is also available for students found responsible for violation of law/ policy regarding use or possession of alcohol.

Jaguars Step In. Speak Up. Support.

Flyers and banners are placed around campus to highlight various components of safe behaviors, bystander intervention, and social norms around alcohol. Also, they provide further information on campus resources that students can use in cases of alcohol poisoning, such as the Texas 911 Lifeline Law and the Student Counseling Center.

Referral

All enrolled students at Texas A&M University-San Antonio are eligible to receive initial consultation appointments with the Student Counseling Center to assess their needs. The initial consultation is used to make treatment recommendations based on symptoms, severity, appropriateness of services, and availability of resources. In addition to services offered at the Student Counseling Center for Alcohol & Drug Treatment, a Behavioral Health Provider list with options for addiction treatment is available. Programs listed as representative referral sources should not be interpreted as an endorsement by the University.

Alcohol and Drug Screening

The University recognizes alcohol/drug dependency as an illness and a major health problem. Excessive use of alcohol and other drugs is a serious health problem in itself, but alcohol and drug abuse also can contribute to a host of other physical and mental health problems such as complications in pregnancy, violent behavior, HIV infection and other sexually transmitted diseases, psychological depression, hallucinations and death. The Student Counseling Center offers confidential online screening and assessment.

Resources

Information, assessment and referral services for alcohol or drug-related problems are available on campus:

- Services for students are available at the Division of Student Affairs (210) 784-1330
- Student Counseling Center (210) 784-1331 (Available 24/7).
- Services for employees are available through the University's human resources office.
- San Antonio Council on Drug & Alcohol Abuse, 7500 HWY 90 W., Building 1 Ste. 100, San Antonio, Texas 78227, (210) 225-4741.

11.1.6 Risks

There are many types of drugs that trigger harmful effects. According to the National Institute on Drug Abuse and the National Institute on Alcohol Abuse and Alcoholism, the following risks are associated with drug and alcohol abuse.

SUBSTANCE	POSSIBLE HEALTH EFFECTS
Alcohol	Liver inflammation, mood changes and behavior, problems with thinking and coordination, stroke, high blood pressure, inflammation of the pancreas, increased cancer risk, bleeding in the intestinal tract.
Cannabis Marijuana, Hashish, Synthetic Marijuana	Enhanced sensory perception and euphoria followed by drowsiness/relaxation; slowed reaction time; problems with balance and coordination; increased heart rate and appetite; problems with learning and memory; anxiety.
Stimulants Cocaine, Methamphetamine (MDMA Molly, Ecstasy, X, XTC), Nicotine, Amphetamines (Adderall)	Anxiety, confusion, insomnia, mood problems, violent behavior, paranoia, hallucinations, delusions, weight loss.
Depressants Benzodiazepine (Valium, Xanax), Flunitrazepam (Roofies), GHB	Euphoria, drowsiness, nausea, vomiting, confusion, memory loss, unconsciousness, slowed heart rate and breathing, lower body temperature, seizures, coma, death.
Hallucinogens LSD, Psilocybin (Shrooms, Peyote, PCP)	Frightening flashbacks (called Hallucinogen Persisting Perception Disorder [HPPD]); ongoing visual disturbances, disorganized thinking, paranoia, and mood swings.
Narcotics Heroin, Morphine, Codeine, Opium, Hydrocodone, Salvia	Collapsed veins; abscesses (swollen tissue with pus); infection of the lining and valves in the heart; constipation and stomach cramps; liver or kidney disease; pneumonia.
Steroids	Kidney damage or failure; liver damage; high blood pressure, enlarged heart, or changes in cholesterol leading to increased risk of stroke or heart attack, even in young people; aggression; extreme mood swings; anger ("roid rage"); extreme irritability; delusions; impaired judgment.
Inhalants Spray Paints, Markers, Glue, Cleaning Fluids, Gasoline	Liver and kidney damage; bone marrow damage; limb spasms due to nerve damage; brain damage from lack of oxygen that can cause problems with thinking, movement, vision, and hearing.

11.1.7 University Disciplinary Process in Regard to Alcohol and Illegal Drugs

University disciplinary charges may be pursued against any student alleged to have violated Texas A&M System Policies and Regulations, University Rules and Procedures, University Code of Conduct, and/or local, state and federal laws concerning controlled substances. Violations of any local, state or federal law pertaining to controlled substances that occur off campus and are not associated with a university- connected activity may result in disciplinary charges in situations in which the continued presence of the individual on campus is likely to interfere with the educational process and the orderly operation of the University. University disciplinary proceedings will be in accordance with procedures outlined in the Code of Student Conduct.

Voluntary admission to a substance abuse treatment program prior to the issuance of charges may be looked upon favorably in disciplinary cases. Disciplinary action in cases involving drug-related violations may result in Housing eviction, suspension, dismissal or expulsion from the University, depending on the nature and seriousness of the case. Participation in a substance abuse education or treatment program may be required in addition to other sanctions. Any disciplinary action imposed by the University may precede and be in addition to any penalty imposed by an off-campus authority.

11.1.8 Student Organization Responsibility for Alcohol and Drug-Free Rule

The Student Organization Responsibility for Alcohol and Drug-Free Rule provides that any student organization functioning at the University which knowingly permits or authorizes the sale, 91 distribution, serving, possession, consumption, or use of marijuana, a controlled substance, alcohol, or a dangerous drug when such sale, distribution, serving, possession, consumption, or use is not in compliance with the laws of this state, shall have its recognition as a student organization withdrawn and shall be expelled from campus for a minimum of a calendar year from the year of determination of guilt. The organization shall also be prohibited from the use of all property and facilities of the university with which it is affiliated. These disciplinary actions are subject to administrative review and hearing procedures as provided in the code.

11.1.9 Travel Policy as Applied to Drug-Free Campus Policy

Students should be aware that they are responsible for abiding by the Drug-Free Campus Policy, and they may be held liable, both civilly and criminally, in the event that they are found in violation. When students travel, they should know that their point of destination is considered an extension of the campus. Violations occurring off campus will be treated the same as violations that occurred on campus. All students participating in extra-curricular travel are required to complete the necessary travel forms prior to departure and return them to the Office of Student Life. These forms are available through JagSync. This policy also includes study abroad trips, as a student is an extension of the campus and must abide by all Code of Conduct rules.

11.1.10 Good Samaritan Policy

The health and safety of every student is everyone's first priority at Texas A&M – San Antonio. We want all students to take responsibility and to be empowered to respond to potentially dangerous medical situations without fear of reprisal from the University. The University encourages all students to seek immediate medical attention for themselves or others when there may be a medical

emergency even if they have been drinking alcohol or using other drugs.

Seeking medical assistance will be considered a responsible act and not deserving of arrest or disciplinary action. This protection is not available to students who also violate some other University policy that warrants sanctions such as being disruptive or combative, refusing treatment, committing assault or committing property damage.

When a person's health or safety is threatened or appears to be at risk from alcohol or drug consumption these are the steps to follow:

- Call 911
- Call the University Police Department (210) 784-1911
- Seek assistance from a resident assistant (RA) or the residence hall director

The University takes seriously these threats to health and safety. As a result, any student for whom assistance is sought will be required to meet with Student Rights and Responsibilities or Student Housing and complete an appropriate educational assessment/course/sanction. Parents of students may also be notified. The student who called for medical assistance for another student may also be referred to this program.

If a student incurs any alcohol or drug related violation during the twelve-month period following application of the Good Samaritan Policy, this report may be reviewed as part of the sanctioning process but will not be counted as a prior alcohol offense for the purpose of imposing mandatory minimum sanctions.

Students are eligible to use this policy on more than one occasion, and students are always strongly encouraged to report medical emergencies. The health and wellness of our students is our highest priority when determining an appropriate response. Repeated incidents will be reasons for further concern, and these cases will be dealt with on an individual basis.

It is the hope of the University that students will use this Good Samaritan Policy as an opportunity to learn from a serious mistake and take healthy steps to avoid such mistakes in the future.

APPENDIX F: Know Your Rights Student Notification

Dear Jaguars,

On behalf of the Office of Student Engagement, we welcome you to an exciting new semester!

As a community member on campus, it is important that everyone understands the policies that govern the university with regard to conduct. To be cognizant of policies on campus, please review the following.

Student Handbook and Code of Student Conduct:

Texas A&M University – San Antonio provides a variety of services designed to assist all students throughout their time on campus. [The Student Handbook](#) outlines the services and programs offered to better assist all students in their academic success and social and professional development.

Inside the Student Handbook is [The Code of Student Conduct](#), which is the outline of policies and procedures used to ensure fair treatment of all members of the community by establishing standards of behavior, both scholastic and behavioral. The Code of Student Conduct applies to both on-campus conduct and/or conduct occurring off-campus by students and student organizations.

The Division of Student Affairs administers the Student Handbook and the Code of Student Conduct. All registered students are held responsible for knowing and abiding by these University rules. Please take the time to review the Student Handbook and the Code of Student Conduct. For more information, review the above information online or contact The Office of Student Rights and Responsibilities (OSRR) by calling (210) 784-1377 or by email at StudentRR@tamusa.edu.

Sexual Misconduct Policies:

Texas A&M University – San Antonio prohibits any form of sex discrimination, including sexual harassment, sexual violence, dating violence, domestic violence, and stalking. As a result, Texas A&M University – San Antonio promptly and thoroughly investigates all complaints of sex discrimination in accordance with applicable federal and state laws, Texas A&M System Regulation 08.01.01, and University rules and procedures that address sexual assault, domestic violence, dating violence, and stalking.

Any member of the campus community or public who witnesses, are subjected to, or are informed about incidents of sex discrimination and/or related retaliation involving faculty, staff, or students must contact the University's Title IX coordinator or a Deputy Title IX Coordinator. The University's Title IX Coordinator is Joni Baker who may be contacted by calling (210) 784-2061 or by email at Jbaker@tamusa.edu. Please visit Texas A&M – San Antonio's Title IX [webpage](#) for more information.

Student Counseling Center:

The Student Counseling Center provides short-term individual, couples, and group counseling services, consultation, and prevention services that facilitate students' academic and life goals and enhance their personal growth and well-being. The staff of licensed mental health professionals work with students to identify effective strategies both to cope with difficult situations and to achieve goals.

Students may report issues of sexual harassment or sexual violence confidentially through SCC since Counselors are not required to, nor may they, report an incident that in any way identifies the student concerned without the student's consent.

SCC will provide psycho-education each semester to the campus community members on risk reduction in order to recognize warning signs of abusive behavior and to take prevention measures. Ongoing prevention and awareness campaigns for students, staff, and faculty will take place to inform the University community about the risk of sexual assault, domestic and dating violence, and stalking.

For more information regarding counseling and/or programs, please visit the Student Counseling Center or call (210) 784-1331.

University Police Department:

The safety of the campus begins with the University community. It is everyone's responsibility to report any incidents on campus. Students, faculty, and staff are also encouraged to be aware of their personal safety and security and to be responsible in their actions while on campus. If you observe violence or witness conditions that perpetuate violence, it is then your responsibility to report it. If you or someone you know feels they are in danger, please contact The University Police Department at the following:

(210) 784-1900 (nonemergency) or

(210) 784-1911 or 911 (emergency).

In the event a situation arises that constitutes a serious or ongoing threat to students and employees, a campus-wide "timely warning" will be issued through the UPD. The alert will be sent primarily through campus email and in combination with other means of communication.

Campus members are encouraged to sign up for the SafeZone app. This app connects you directly to the Texas A&M University – San Antonio UPD when there is an emergency on campus, 24 hours a day, seven days a week. If you trigger the alert, you are connected with the police department dispatch and at the same time police officers in the field will see where you are on a display map and will head for your location.

Texas A&M University – San Antonio wants to promote a culture of community accountability where bystanders are actively engaged in the prevention of violence without causing further harm. All Student Affairs personnel can assist students in reporting to the appropriate agencies if there is a concern on campus. Below is a list of some ways to be safe in the community and be an active bystander in protecting others.

Stay alert. When you're moving around on campus or in the surrounding neighborhood, be aware of your surroundings.

Be careful about posting your location on social media sites.

Be secure. Lock your door and windows when you're asleep and when you leave your room.

Protect your drink. Don't leave your drink unattended, and watch out for your friends' drinks if you can.

Make others earn your trust. A college environment can foster a false sense of security. They may feel like fast friends, but give people time to earn your trust before relying on them.

Understand resources available: Refer people to on or off campus resources for support in health, counseling, and with legal assistance. A comprehensive list of resources can be found on the Student Counseling Center [website](#).

File a Report:

If you or someone you know wants to file a report in regard to a policy violation, please do so [online](#). If you have a question about filing a report, please contact The Office of Student Rights and Responsibilities by calling (210) 784-1377 or by email at StudentRR@tamusa.edu.

If there is an immediate emergency, please contact UPD at the emergency number of (210) 784-1911 or 911.

APPENDIX G: 2019-2021 Program Inventory

**2023-2025 DAAPP Program Inventory
(September 1, 2023 - August 31, 2025)**

Date	Program Name	Attendance
09/07/2023	Know the Code Brunch	63
10/02/2023	Jags DONUT Haze	153
10/31/2023	Coffee with a Cop: Halloween Safety	0
12/04/2023	Don't Wing It!	105
01/17/2024	Spring 2024 Breakfast Bonanza	138
04/14/2024	Hugs & Mini Bouquets	84
03/06/2024	Safe Spring Break	138
04/02/2024	Oakley (Victim Advocate Dog) Celebration of Life and Open House	0
04/17/2024	Concha with a Cop	0
09/09/2024	Madla Mingle	60
09/23/2024	Hazing Prevention Trivia Night	13
09/25/2024	Jags DONUT Haze	188
09/26/2024	National Hazing Prevention Week – Student Org Sign-Making	16
01/23/2025	Breakfast Bonanza with OSRR	11
02/13/2025	SCC Ambassador Tabling	20
02/26/2025	Second Chance Sips: Mocktails	36
03/05/2025	Safe Spring Break	222
04/10/2025	Sexual Assault Awareness and Prevention Resource Fair	59

Continued

Date	Program Name	Attendance Numbers

APPENDIX H: Student Counseling Center Alcohol and Drug Data 2023- 2025

ICD-10 Code	Description	Occurrences		Clients	
		Number	Percent	Number	Percent
F10.10	Alcohol Use Disorder; Mild	19	1.11	5	1.40
F10.11	Alcohol Use Disorder; Mild; In early remission	4	0.23	1	0.28
F10.120	Alcohol Intoxication; With mild use disorder	5	0.29	1	0.28
F10.20	Alcohol Use Disorder; Moderate	5	0.29	2	0.56
F12.10	Cannabis Use Disorder; Mild	3	0.18	1	0.28
F19.159	; Other (or Unknown) Substance-Induced Psychotic Disorder;	2	0.12	1	0.28
F19.282	; With moderate or severe use disorder	1	0.06	1	0.28

Student Counseling Center

DSM-5-TR Diagnosis Prevalence

DSM-5-TR Diagnoses - from 01/01/2023 to 12/31/2025 and All Counselors Ordered by ICD-10 Code

ICD-10 Code	Description	Occurrences		Clients	
		Number	Percent	Number	Percent
F10.10	Alcohol Use Disorder; Mild	20	0.37	4	0.50
F10.11	Alcohol Use Disorder; Mild; In early remission	6	0.11	2	0.25
F10.11	Alcohol Use Disorder; Mild; In sustained remission	9	0.17	1	0.13
F10.20	Alcohol Use Disorder; Moderate	14	0.26	6	0.75
F10.21	Alcohol Use Disorder; Moderate; In early remission	8	0.15	2	0.25
F10.99	Unspecified Alcohol-Related Disorder	6	0.11	1	0.13
F12.10	Cannabis Use Disorder; Mild	2	0.04	2	0.25
F12.11	Cannabis Use Disorder; Mild; In early remission	6	0.11	2	0.25
F12.11	Cannabis Use Disorder; Mild; In sustained remission	2	0.04	1	0.13
F12.20	Cannabis Use Disorder; Moderate	3	0.06	2	0.25
F12.99	Unspecified Cannabis-Related Disorder	6	0.11	1	0.13
F15.20	Stimulant Use Disorder; Severe; Other or unspecified	2	0.04	1	0.13

APPENDIX I: Social Media

AOD Social Media

AOD launched an Instagram account in September of 2020 with the following goals:

- Marketing for events, including late-night alternative events entitled Jaguar First Friday
- Increase the amount of educational programming for AOD
- Marketing of social norms campaign for bystander intervention, reporting, safe behavior, etc.

By August 31, 2023, the AOD Instagram account had a total of 701 followers and reached 1,003 accounts and engaged 293 accounts.

Last 90 Days ▾ Aug 3 - Oct 31

Overview

You reached **+102%** more accounts compared to May 5 - Aug 2

Accounts reached	1,003	>
	+102%	
Accounts engaged	293	>
	+691%	
Total followers	701	>
	+17.2%	

Content You Shared [See all](#)



APPENDEIX J: AOD Social Norms Campaign

The AOD Social Norms Campaign was started prior to 2019 and is still utilized through banners, social norms t-shirts, and social media program awareness.

Step In: Students are provided information on being a good bystander and to know safe behavior if they choose to drink.

Speak Up: Students are provided information on social norms surrounding alcohol for college students and how they can advocate for themselves and others.

Support: Students are provided information on the 911 Lifeline laws and resources on campus.



Jaguars

Step in. Speak up. Support.

How to Step In:

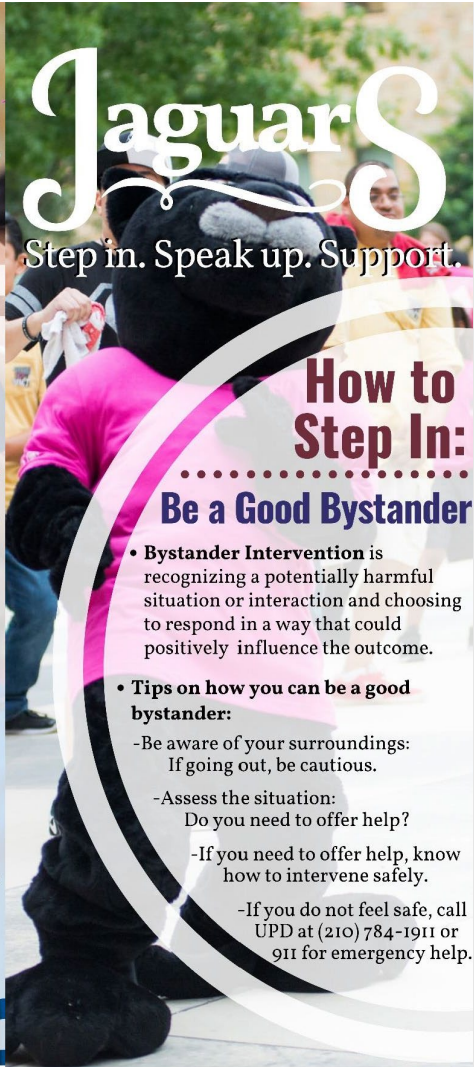
Know Safe Behaviors.

- **Safe Behaviors** are preventative behaviors used to reduce harmful outcomes during an event.
- **Some safe behaviors you can use during a night out include:**
 - Have a sober designated driver or call an Uber/Lyft.
 - Keep your phone charged in case you need to call for help.
 - Let someone know where you are going/ where you are at.



TEXAS A&M UNIVERSITY-SAN ANTONIO
Alcohol and Drug Prevention Committee

For further information, refer to <http://bit.ly/alcdrugprev>



Jaguars

Step in. Speak up. Support.

How to Step In:

Be a Good Bystander

- **Bystander Intervention** is recognizing a potentially harmful situation or interaction and choosing to respond in a way that could positively influence the outcome.
- **Tips on how you can be a good bystander:**
 - Be aware of your surroundings:
If going out, be cautious.
 - Assess the situation:
Do you need to offer help?
-If you need to offer help, know how to intervene safely.
 - If you do not feel safe, call UPD at (210) 784-1911 or 911 for emergency help.



TEXAS A&M UNIVERSITY-SAN ANTONIO
Alcohol and Drug Prevention Committee

For further information, refer to <http://bit.ly/alcdrugprev>

Jaguars

Step in. Speak up. Support.

How to Speak Up:

Advocate for yourself and others.

- An **advocate** is a person who speaks up or steps in when others need it the most.
- To be an advocate, if you see something occurring, it is important to speak up by safely stopping the actions and reporting as soon as possible.
- **By speaking up, or reporting, you can:**
 - Give a voice to yourself and someone else.
 - Create a safe environment in the campus community.
 - Invoke change by breaking a cycle of behavior.

Jaguars

Step in. Speak up. Support.

How to Speak Up:

Understanding the Social Norm Around Alcohol.

- A **social norm** is a typical behavioral norm, among a specific population, such as college students.
- The social norm for college students around alcohol is to *not drink*.
 - According to a national study, over **40% of college students choose to not drink at all, or abstain, from alcohol.**
- It's ok if you speak up about not drinking. If you do choose to drink, be responsible and use safe behaviors.



TEXAS A&M UNIVERSITY - SAN ANTONIO
Alcohol and Drug Prevention Committee

For further information, refer to <http://bit.ly/alcdrugprev>



TEXAS A&M UNIVERSITY - SAN ANTONIO
Alcohol and Drug Prevention Committee

For further information, refer to <http://bit.ly/alcdrugprev>

Jaguars

Step in. Speak up. Support.
As Jaguar, I pledge to...

Step in:

.....

By understanding safe behaviors.

Speak up:

.....

By advocating for myself and others.

Support:

.....

By knowing my rights and resources.

Appendix K: Elevator Wraps

Elevator wraps were placed in housing during July 2019. Based on the quality of the wraps, they remained in Esperanza Hall though July 2024.

Jaguars

Step in. Speak up. Support.

Campus Resources

University Police Department:

Emergency (24/7):
(210) 784-1911

Non-Emergency:
(210) 784-1900

SafeZone App:
Download app on personal phone for emergency notification/first aid.

Esperanza Hall Housing:

On-Call Number (24/7):
(210) 663-3689

Student Counseling & Wellness:
(210) 784-1331

Texas Crisis Line:
Text 'Hello' to 741-741

File Online Report:
<http://bit.ly/FileAReport>

Step in.
Step in by knowing **safe behaviors** and understanding what to do if someone needs **help**.

Speak up.
If you **see something**, advocate for yourself and others by **saying something** and reporting.

Support.
Understand your support **resources on-campus**, your **rights** and the various laws that may assist you.

TEXAS A&M UNIVERSITY - SAN ANTONIO
Alcohol and Drug Prevention Committee
For further information, refer to <http://bit.ly/alcdrugprev>

APPENDIX L: Parental Notification for Violation of Alcohol and Drug Policy

Dear Parent or Guardian of *student full name*:

I am writing to you today in my role as the Assistant Vice President of Student Affairs and Dean of Students at Texas A&M University- San Antonio. I am writing to inform you that on *date if incident*, your student engaged in actions that have been found to be in violation of A&M-San Antonio's policies on the use of alcohol or other drugs (AOD) outlined in the Student Code of Conduct, specifically, (place Code of Conduct Violation) (example: *underage possession of alcohol and/or drugs*). This was the first time that your student's actions have been found responsible for violating an AOD policy.

I expect that your student may have already discussed this incident with you, but I also believe it is important that you know of the University's response to such incidents. A&M-San Antonio considers first-time violations of our AOD policies to be an opportunity to intervene and educate our students. To that end, all students who have a first violation are required to participate in a brief educational program, Vector Solutions AlcoholEDU. This course allows students to evaluate how their use of substances compares to others, examine the harm they may be experiencing from use, and discuss changes that might help them to reduce their use. Disciplinary sanctions are also typically issued to students for a first AOD violation such as a University Warning, Conduct Review, or Conduct/Housing Probation.

Students may also be expected to complete educational sanctions such as research papers, service hours, and reflection papers.

A&M-San Antonio believes that our partnerships with parents are important. Therefore, in accordance with federal law, we inform parents of all violations of the University policies pertaining to underage use of alcohol and other drugs.

I encourage you to talk with your student about their experiences with alcohol and other drugs, express your concerns regarding their use, and ask your student about any concerns they might have. You can learn more about our alcohol and other drug services through the Student Counseling Center at <http://www.tamusa.edu/studentcounseling>.

Please know that if your student's actions are found in violation of A&M-San Antonio's AOD policies for a second time, they will be required to participate in a more intensive educational experience to reflect upon their substance use. They will also likely be placed on Conduct Probation and Deferred Housing Eviction, or be evicted from on-campus housing.

These sanctions can also impact their ability participate in leadership opportunities on campus as well as studying abroad.

Should you have any questions about our policies and procedures, please contact me at (210) 784-1330.

ALCOHOL AND DRUGS IN COLLEGE

The use of drugs and alcohol is common among college students. Substances are sometimes used for socializing, as a way to manage stress, cram for exams, or out of curiosity. At times, this use causes no significant issues but misuse can lead to academic, health, and/or legal issues.

The National Institute of Alcohol Abuse and Alcoholism suggests low risk drinking limits to reduce the chance of developing Alcohol Use Disorders. Even within these limits, you can have problems if you drink too quickly and/or have other health issues.

LOW RISK DRINKING LIMITS

Men	Women
No more than 4 drinks on any day	No more than 3 drinks on any day
AND	AND
No more than 14 drinks per week	No more than 7 drinks per week



**1 DRINK = 12 OZ. BEER = 5 OZ. WINE =
1.5 OZ. SHOT LIQUOR**

COMMON CONSEQUENCES OF DRUG/ALCOHOL MISUSE

- Academic Problems: missing class, grades slipping, lack of motivation, difficulty focusing
- Mental Health Problems: depression, suicidal/homicidal thoughts, anxiety disorders
- Relationship Conflicts: arguing, communication issues, risky sexual behavior, isolation, violence or abuse
- Financial Problems: loss of job, overspending, poor money management, legal fees
- Legal Issues: DUI/DWI, Possession Charges, Public Intoxication, Minor in Possession
- Health Problems: Increased injuries, weight gain or loss, sleep problems, liver and heart problems, alcohol poisoning, overdose, infectious diseases



DO I HAVE A PROBLEM?

If you are concerned about your drug and/or alcohol use, consider asking yourself the following questions:



- Do I binge drink often? (More than 4 drinks for women or 5 drinks for men in 2 hours)
- Do I ever find it hard to stop using or drinking after I start?
- Have I tried to cut down or control my using unsuccessfully?
- Do I find myself having urges to use that make it difficult to attend class, go to work, attend family functions, etc.?
- Do I have to use greater quantities of alcohol or drugs to achieve the same effect?
- Do I drink or use until I blackout?
- Has someone in my life expressed concern about my drinking or drug use?
- Do I misuse prescribed medications?

If you answered yes to any of these questions, your use might be problematic. Call Student Counseling and Wellness Services or one of the crisis lines below to speak with a trained professional.

THERE IS HELP

In Crisis?

The Center for Health Care Services: 24/7 Crisis Hotline: (210) 223-7233
SAMHSA National Hotline: 1-800-662-HELP (4357)

Texas A&M University - San Antonio's Student Counseling and Wellness Services Office can provide you:

- Individual counseling to help you identify and reach your goals of moderation or abstinence
- Community resources for support
- Connection to the local recovery community
- Help developing more effective coping skills



**TEXAS A&M UNIVERSITY
SAN ANTONIO**
Student Counseling & Wellness Services

Please Call to Schedule an Appointment.

Office Hours: M-F 8AM-5PM

Phone: (210) 784-1331

For More Information Please Visit:

<http://www.tamusa.edu/studentcounseling>