

HOW TO STUDY

1) COURSE LOAD STUDY RECOMMENDATION

For every one credit hour you take, you will spend two to three hours of studying.

3 credit hours (1 course) = 3 hours in class a week = 6 - 9 hours of study time per week.

12 credit hours = 24 - 36 hours of study per week.

2) PREPARING TO STUDY

- Make a weekly schedule
- Study accordingly by the hours in the week you should be studying
- Balance work, school and extracurricular activities
- Remember that harder classes require more time: Example - harder class = 9 hours/per week, easier class = 6 hours/per week

3) GETTING ORGANIZED

Pace yourself and go at a speed that works best for you, study at the time of day when you are most alert and study in small chunks at a time.

Eliminate distractions - YES! That means **TURNING OFF YOUR CELL PHONE** during study sessions!!

Clear your mind by jotting down reminders and errands on a note pad before studying.

4) STUDY SPACE

- Study area should be free of distractions and mostly quiet
- Have all study items available: pens, highlighters, calculator...
- **NO STUDYING ON A BED**

**BE WELL RESTED!
YOU'LL HAVE BETTER
MEMORY RETENTION
AND ATTENTIVENESS!**

30 credit hours a year to graduate in four years!