



ACADEMIC SUCCESS PLAN:

with Concrete & Realistic Steps



TEXAS A&M UNIVERSITY - SAN ANTONIO

Student Success

Full Name: _____ Student ID: _____

By creating your Academic Success Plan with concrete and realistic steps, you put yourself in control of a personalized strategy for you to achieve your academic goals.

Your Academic Success Plan will help you to:

- Understand your motivation to pursue your education, your educational experiences, and the tools you can use.
- Acknowledge your strengths and discover areas that can be improved.
- Set-up specific academic achievements in your coursework at A&M-SA.

I understand and plan to use all the tools available to me as a student at A&M-San Antonio as outlined in my Success Plan and the University Catalog. I know that if I need assistance as it pertains to academic matters I can speak with my Instructor, Mentor, Academic Coach, Academic Advisor, Student Affairs or other college staff.

Who are you?

Successful individuals understand the power of reflection. By understanding yourself, you understand your motivations, dreams, goals, and the steps to take. Start by asking yourself a few questions.

My motivation to invest in my education and obtain my degree is.....

When I graduate, my goal is to use my degree by... (becoming a, working as, working with, etc.)



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Goal Setting

Write your most important goals down. Use the SMART formula for achieving your goals.

S=Specific. Make your goal as specific as possible. **Example:** I will have a 2.50 cumulative GPA by the end of the fall semester.

M=Measurable. Be sure that your goal is measurable. **Example:** I will be able to measure whether or not I have achieved my desired GPA at the end of the semester.

A=Attainable. Set goals that you can achieve. **Example:** I have done the math and know that a 2.0 cumulative GPA by the end of the semester is possible.

R=Realistic. Set goals that are realistic. **Example:** I can realistically achieve a 2.50 cumulative GPA if I earn 4 B's and 1 C this semester.

T= Timely. Establish a timeline for reaching your goal. **Example:** I can achieve my goal by the end of the spring semester.

Step 1. Set Your Goals – Identify two academic goals related to your academic success.

1.
2.

Check your work – is each goal a **SMART** goal? Is it:

☐ Specific? ☐ Measureable? ☐ Action-Oriented/**Attainable**? ☐ Realistic? ☐ Timely?

If you cannot check each box, revisit your goal. How can you modify your goal to make sure it meets each SMART criteria?



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Step 2: Possible Challenges - All students (and everyone else for that matter) will face challenges when working towards a goal. What types of challenges do you anticipate?

Step 3. Make an Action Plan – Break your academic goal into small steps that will help you work toward your main goal. Remember that each step must be measureable and attainable.

STEPS	Time Needed	Deadline

Step 4. Look Ahead – For each step above, think about any resources or support needed. Do you have these resources? If not, what will you need to do to obtain each?

Resource Needed (i.e. – tutoring, academic coach, library, writing center, etc.)





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Outside Class Time

I typically spend _____ hours on classwork, review, and assignments per day.

I typically do this _____ times per week.

I usually study in an environment free of distractions. YES NO

My work area is a productive place for learning. YES NO

Remember! Learning doesn't end in the classroom! You should spend time each day on some aspect of your schoolwork. Set aside a space for learning that is free from distractions and where you feel productive.

My Success Circle

At the end of the day, only you can take a test or complete a project. However, to do so requires you to **surround yourself with individuals who understand your educational and career goals**. In fact, it doesn't even have to be someone you know! It can be someone who inspires you, someone you see as a role model. It can be your parent(s)/guardian(s), significant other, close friend, mentor, other family member, or A&M-SA faculty/staff. Knowing you have people who support you can give you a positive lift when you're working hard!

_____ supports/inspires me by
_____ supports/inspires me by
_____ supports/inspires me by
_____ supports/inspires me by

Feel free to use this information to explain the “Concrete and Realistic Steps” you will take to improve your academic performance in **Part (c)** of your Written Statement.